



**Being consciously healthy**  
Dr. Ewald Töth ®

# Product Informations

Dr. Ewald Töth ®



Source of physical health,  
spiritual balance  
and intellectual clarity

# Base Mineral Mixture

**Essential minerals - the basis for health and a long life.**

## What is the Base Mineral Mixture?

A dietary supplement developed from holistic medical research for the regulation of the acid / base balance, consisting of a natural and balanced combination of essential minerals.

- charged with the power of sun

## What Effects does the Base Mineral Mixture have?

- de-acidifies
- creates alkaline and supplies important minerals
- stimulates the immune system
- supports purifications and the body's own healing processes
- regenerates and prevents age related cell degeneration, has "rejuvenating" effects after long term use
- regulates gastric acid without fully neutralizing it

## The Special Qualities of Base Mineral Mixture

- optimal balance of the singular minerals has extra cellular, intra cellular and trans cellular effects and de-acidifies all bodily fluids and tissues
- in the ideal composition of organic connections (Ca & Mg) and anorganic connections (Ca & Na in ion form) it contains essential sodium
- clinically and holistically tested for many years
- sun light quanta activated
- free of artificial preservatives and flavour additives
- tastes good

**Ingredients:** Sodium bicarbonate, calcium carbonicum, citric acid, magnesium citrate, potassium citrate, di-sodium hydrogen phosphate

**Application:** For the regulation of the acid / base balance and for the removal of tissue acidification and the problems associated with it, for insufficient detoxification and purification of the body itself, for mineral deficiencies. Extra and intra cellular de-acidification is guaranteed. Carefully selected, developed and tested composition of the high quality biologically available ingredients.

**Recommended use:** 1-2 x daily, dissolve 1 tablespoon in warm or cold water, herbal tea or juice and drink wait ½ hour before or after meals. Take in the mornings, after getting out of bed and/or evenings, before going to bed.

**Important:** Drink sufficient water with it but not mineral water. Do not take directly in combination with vitamins or intestinal bacteria products. Do not use if you have alkalosis (rare)

## Base Mineral Capsules

**The same Base Mineral Mixture is also available in capsule form for travel**

**Ingredients:** Sodium hydrogen carbonate, calcium carbonate, covering agent, hydroxypropylmethylcellulose, magnesium citrate, pea fibres, potassium citrate, sodium hydrogen phosphate, MCT from plant oil

**Recommended use:** 2x daily 2 capsules

Produced in Austria

**Dosage form:** Powder, powder in capsules

**Sales unit:** Jar, 200g, 500g, capsules, 90 pcs

**Minimum shelf life:** 30 months

Store dry

**Ingredient description:** mineral mix with bubble effect and light citrus taste, Light Quanta Activated

**Ingredients:** sodium bicarbonate, calcium Recommended for regular use

Suitable for use on children

**Regular use:** The daily intake of alkaline compounds to neutralize acids is recommended your whole life for an active health plan.



# Atemun Plant Extract

Refreshingly natural remedy to develop a strong immune system.

## What is Atemun Plant Extract?

A plant extract developed from holistic medicinal research, made of high quality and natural materials.

- for internal cleansing
- for the regeneration of a healthy micro-biology in all mucous membranes of the body

## What effects does Atemun Plant Extract have?

- antiseptic
- detoxifying
- strengthens the immune system
- promotes healthy digestion
- expectorant
- blood cleansing
- anti-inflammatory
- decongestant
- cleanses the breath
- refreshing
- vitalising
- stimulates concentration

## The Special Qualities of Atemun Plant Extract:

- high quality natural substances
- unique combination of ingredients
- organic immunisation
- tested for many years
- sun light quanta activated

**Application:** Prophylaxis against and therapy for influenza, colds, coughs, catarrh; also for hoarseness, mouth ulcers, infected gums, periodontitis, caries, cavities, before and after dental treatments, halitosis, flatulence and other digestive disorders, and exhaustion following mental activity.

**Ingredients:** Water, alcohol, soya lecithin (emulsifier), camphor powder, fennel oil, sage leaf oil, peppermint oil, thyme oil, tea tree oil

**Internal use:** Several times daily, if needed hourly, 5-8 drops directly into the mouth, mix immediately with saliva and swallow

**External use:** For inhalation 10-15 drops in ½ litre hot water, also for oil burners or for the vents in the car ( - use 10 drops)

Produced in Austria

**Dosage form:** liquid

**Sales unit:** bottle, 10 ml (blue glass)

**Quality of ingredients:** high quality essential oils

**Minimum shelf life:** 30 months

Keep in a cool place

Suitable for regular use

**Children:** decrease dosage by half, dilute in herbal tea or juice and drink, or 10 drops on a towel for inhalation



# MicroVita Plant Extract

Microvital power of herbs for internal and external well-being.

## What is the MicroVita Plant Extract?

A plant extract developed from holistic medicinal research, made of high quality and natural materials.

- for internal cleansing
- for the regeneration of a healthy micro-biology in all mucous membranes of the body

## What effects does the MicroVita Plant Extract have?

- antiseptic
- antimycotic and detoxifying
- strengthens the immune system
- promotes healthy digestion
- expectorant
- blood cleansing
- anti-inflammatory
- protects the mucous membranes
- no artificial preserving agents

## The Special Qualities of the MicroVita Plant Extract:

- high quality natural substances
- high quality ethereal (essential) oils
- unique combination of ingredients
- organic antimycotic remedy
- tested for many years
- sun light quanta activated

**Application:** Fungal infestations of skin, nails, stomach and intestines, halitosis, before and after dental treatments for disinfection, for the curing of wounds, aphtas, periodontitis, to strengthen the mucous membranes (especially when smoking), coughs, hoarseness and mucous congestion, flatulence and other digestive disorders, abdominal fullness, diarrhea, constipation

Internal use: 2 x daily - dissolve 7-10 drops in 1/16l warm water or tea and drink; Infected mouth and throat areas (inflammations, fungal infestations) to be rinsed extensively.

External use: Drop sparingly directly on infected skin areas (inflammation, fungal infestation), rub in gently.

**Ingredients:** Water, alcohol, tea tree oil, propolis, cinnamon oil, thyme oil, cypress oil, soya lecithin (emulsifier), grapefruit essential oil

Produced in Austria

**Dosage form:** Liquid

**Sales unit:** Bottle, 10 ml (blue glass)

**Minimum shelf life:** 30 months

Keep in a cool place

Suitable for regular use

**Children:** Decrease dosage by half



# Base Mineral and Nose Spray

THE optimal base balm for skin and mucous membranes.

## What is the Base Mineral and Nose Spray?

An alkaline mineral spray developed from holistic medical research for the regeneration of a healthy milieu for skin, hair and mucous membranes.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Mineral and Nose Spray have?

- washes and cleanses with long lasting effects
- detoxifies and de-acidifies the skin and mucous membranes
- decongestant (mucous membranes in the nose)
- regulates moisture
- soothes and calms
- supports the micro-biological skin and mucous membrane protective barrier
- help regenerate cells, supports healing processes
- helps relieve congestion
- firms skin and connective tissue

## The Special Qualities of the Base Mineral and Nose Spray

- alkaline
- high quality natural ingredients
- suitable for all types of skin
- especially mild and soothing
- easy to use
- tested for many years
- sun light quanta activated

Base Mineral Spray

**Ingredients:** Water, glycerine, sea salt, sodium bicarbonate

**Application (skin and mouth):** dry, cracked, irritated, itchy or scaly skin, skin swellings, excess oil production, skin impurities, acne, eczema, fungus, neurodermatitis, psoriasis, sun burn, excess cold, dry, brittle or damaged hair, hair loss, weak connective tissue, dry, irritated or congested mucous membranes, tonsillitis, mouth sores, hoarseness, cavities, periodontosis, before and after dental treatments

**Recommended use:** Treat affected areas several times daily

## Base Nose Spray

**Ingredients:** Water, glycerine, sea salt, sodium bicarbonate, soda

**Application:** Stuffy nose, acute and chronic sniffles, adenoids, sinus and maxillary sinus infections, allergies, cleansing and care of the mucous membrane area (crusts) especially with irritation through central heating, air conditioning, pollen, dust, environmental toxins and nicotine.

**Recommended use:** Spray 1-3 times into nose 1-2x daily for cleansing, several times daily for care

Produced in Austria

**Dosage form:** Alkaline fluid (spray)

**Sales unit:** Bottle, 30ml (blue glass) with spray nozzle

**Minimum shelf life:** 30 months

Keep at room temperature

**Acid/base effect:** Alkaline

Recommended for regular use - Suitable for use on children



# Base Toothpaste

The optimal holistic alkaline tooth and mouth care.

## What is the Base Toothpaste?

An alkaline oral care product developed from holistic medical research for the natural care of the teeth and mouth.

- made from high quality, natural raw materials and essential minerals
- charged with power of the sun

## What Effects does the Base Toothpaste have?

- cleanses intensively
- acid neutralizing, de-acidifies
- builds up a micro-biological barrier for the gums
- protects the gums
- anti-inflammatory
- re-mineralises
- anti-bacterial
- a basis for resistant oral flora
- a prophylaxis against plaque

## The Special Qualities of the Base Toothpaste

- alkaline
- high quality natural ingredients
- high quality ethereal (essential) oils
- suitable for children and adults
- especially mild
- gentle to enamel; enamel regenerating
- supports the regeneration of the gums
- sun light quanta activated

**Ingredients:** Water, sodium bicarbonate, glycerin, sorbit, silica, titanium dioxide, hydroxyethyl cellulose, sea salt, perfume, peppermint oil, witch hazel extract, sage oil, limonite, chamomile oil, linalool

**Acid/base effect:** Alkaline (pH value 7.5-8.5)

Produced in Austria

**Dosage form:** Paste

**Sales unit:** Tube, 75g

**Minimum shelf life:** 30 months

Keep in a cool place

Recommended for regular use

Suitable for use on children



# Base 2-Phase Cleansing Emulsion

THE ideal alkaline make up removing and cleansing lotion for all types of skin

## What is the Base 2-Phase Cleansing Emulsion?

An alkaline skin cleansing product developed from holistic medical research for removing makeup and for deep facial cleansing.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base 2-Phase Cleansing Emulsion have?

- detoxifies and de-acidifies the skin
- improves the appearance of the skin
- energizes
- moisturizes

The upper level (phase) consists of soya oil, macadamia nut oil, jojoba oil and almond oil, and is loosening waterproof makeup; the lower level (phase) is a refreshing water phase containing witch hazel, and is loosening water soluble makeup

## The Special Qualities of the Base 2-Phase Cleansing Emulsion:

- basic (alkaline)
- high quality, natural ingredients
- high quality ethereal(essential) oils
- rich in vitamins
- suitable for all types of skin
- especially mild therefore ideal for problem skin
- sun light quanta activated

**Ingredients:** Water, soya oil, macadamia nut oil, sodium bicarbonate, witch hazel extract, glycerine, jojoba oil, almond oil, perfume, tocopherol, decyl glucoside, dmdm hydantoin  
Produced in Austria

**Dosage form:** Emulsion

**Sales unit:** Blue plastic bottle, 100ml

**Minimum shelf life:** 30 months

Keep in a cool place

SHAKE WELL BEFORE USING

**Acid/base effect:** alkaline (pH value 7.5-8.5)

**Application:** Cleanse face and neck with a cosmetic pad mornings and evenings to remove make up and dirt particles

Recommended for regular use

Suitable for use on children



# Base Cream Peeling

THE perfect mild and gentle exfoliating scrub for a clear and smooth complexion.

## What is the Base Cream Peeling ?

An alkaline exfoliating scrub product developed from holistic medical research for deep facial cleansing and smoothing.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Cream Peeling have?

- detoxifies and de-acidifies the skin
- improves the appearance of the skin
- energizes
- moisturizes

The exfoliating scrub is especially easy to apply and massage because of the natural oil from shea butter. The fine particles of apricot pit powder gently loosen dead skin.

## The Special Qualities of the Base Cream Peeling

- alkaline
- high quality natural ingredients
- rich in vitamins
- suitable for all types of skin
- especially mild therefore suitable for problem skin
- sun light quanta activated

**Ingredients:** Water, soya oil\*, jojoba oil\*, almond oil, glyceryl stearate SE, shea butter, sorbit, sodium bicarbonate, apricot pit powder, perfume, tocopherol

\*from controlled organic farming

Produced in Austria

**Dosage form:** Fluid cream

**Sales unit:** Blue plastic bottle, 100ml

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/base effect:** Alkaline (pH value 7.5-8.5)

**Application:** 1-2x weekly in addition to daily skin care

**Recommended use:** Apply exfoliating scrub evenly on wet skin and massage gently rinse well

Recommended for regular use

Suitable for use on children





# Base Face Tonic

Optimal for the final deep cleansing of face and neck after using the Base 2-Phase Cleansing Emulsion or the Base Cream Exfoliating Scrub (apply with a cosmetic pad)

## What is the Base Face Tonic?

An alkaline deep cleansing product developed from holistic medical research

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Face Tonic have?

- detoxifies and de-acidifies the skin
- improves the appearance of the skin smoothes the skin (pores remain open!)
- energising
- moisturising

## The Special Qualities of the Base Face Tonic

- alkaline
- high quality natural ingredients
- rich in vitamins
- suitable for all types of skin
- especially mild therefore suitable for problem skin
- tested for many years
- sun light quanta activated

**Ingredients:** Water, sodium bicarbonate, glycerine, perfume, polysorbate 20, panthenol, aloe vera, allantoin, passion flower extract (including maltodextrin and silica)

Produced in Austria

**Dosage form:** Tonic

**Sales unit:** Blue plastic bottle, 100ml

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/base effect:** Alkaline (pH value 7.5-8.5)

Recommended for regular use

Suitable for use on children



# Base Cream

THE natural basic(alkaline) beauty care for all types of skin with rebalancing and anti-aging effects. For normal to oily skin.

## What is the Base Cream?

An alkaline skin care cream developed from holistic medical research for natural care and regeneration of the skin.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Cream have?

- moisturizing
- intensive cleansing and soothing
- detoxifies and de-acidifies the skin
- builds up a micro-biological skin barrier
- supports tissue's own ability to regulate
- firms the skin
- improves the appearance of the skin
- regulates the skin's own ability to produce oil
- regenerates, revitalizes and prevents age related cell degeneration

## The Special Qualities of Base Cream

- alkaline
- high quality natural ingredients
- high quality ethereal (essential) oils
- rich in vitamins
- suitable for all types of skin long lasting effects
- especially mild therefore suitable for problem skin
- tested for many years
- sun light quanta activated

**Ingredients:** Water, jojoba oil\*, glycol stearate SE, soya oil\*, glyceryl stearate, shea butter, coconut oil, hexylene glycol, sodium bicarbonate, perfume, monoi, tocopherol, fructose, glucose, dmdm hydantoin, sucrose, rose bud oil, dextrin, urea, aspartic acid, alanine, glutamic acid, hexyl nicotinate, tree moss, oak moss

\*from controlled organic farming

Produced in Austria

**Dosage form:** Cream

**Sales unit:** Blue glass jar, 50g

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/base effect:** Alkaline (pH value 7.5-8.5)

**Application:** Day and night cream, facial masks, care and regeneration of all skin types, especially suitable for normal to oily skin, for irritated skin and excess of sebum production

**Recommended use:** According to type of skin, apply thinly or heavily, gently massage into skin, for use on wrinkles 2x daily

Recommended for regular use

Suitable for use on children



# Base Regulation Cream

THE ideal, natural alkaline beauty care for sensitive skin with rebalancing and anti-aging effects. For normal to dry skin.

## What is the Base Regulation Cream?

An alkaline skin care cream developed from holistic medical research for natural care and regeneration of the skin.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Regulation Cream have?

- detoxifies and de-acidifies the skin and joints

- stimulates circulation

develops the skin's own ability to produce oil

- firms connective tissues

- builds up a micro-biological skin barrier

- supports tissue's own ability to regulate

- cares for skin intensively yet softly

- improves the appearance of the skin

- regulates the skin's own moisturising ability

- regenerates, revitalizes and prevents age related cell degeneration

## The Special Qualities of Base Regulation Cream

- alkaline

- high quality natural ingredients

- high natural oil content

- high quality ethereal (essential) oils

- rich in vitamins

- suitable for all types of skin long lasting effects

- especially mild and non-irritating

- ideal for problem skin

- tested for many years

- sun light quanta activated

**Ingredients:** Water, almond oil\*, jojoba oil\*, glycol stearate SE, soya oil\*, macadamia nut oil\*, glyceryl stearate, ceteraryl alcohol, sorbit, sodium bicarbonate, perfume, sea salt, primrose oil\*, isopropyl palmitate, tocopherol, linoleic acid, panthenol, dmdm hydantoin, retinyl palmitate, linolenic acid, papa

\*from controlled organic farming

Produced in Austria

**Dosage form:** Cream

**Sales unit:** Jar, 100g

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/base effect:** Alkaline (pH value 7.5-8.5)

**Application:** For normal to dry skin and sensitive to allergic skin, for day and night use; recommended for joint problems, rheumatism, psoriasis, neurodermatitis

**Recommended use:** Massage small amount 1-2x daily into skin, massage well into joints

Recommended for regular use

Suitable for use on children



# Base Light Quanta Cream

An especially mild cream with a high oil content, and excellent anti-aging and rebalancing effects. For normal to very dry skin.

## What is the Base Light Quanta Cream?

An alkaline skin care cream developed from holistic medical research for natural care and regeneration of the skin.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Light Quanta Cream have?

- detoxifies and de-acidifies the skin and joints
- stimulates circulation
- firms connective tissues
- builds up a micro-biological skin barrier
- supports tissue's own ability to regulate
- cares for skin intensively yet softly
- improves the appearance of the skin
- regulates the skin's own ability to produce oil
- regenerates, revitalizes and prevents age related cell degeneration

## The Special Qualities of Base Light Quanta Cream

- high ability to regenerate cells
- high quality natural ingredients
- high natural oil content
- suitable for face masks
- rich in vitamins
- suitable for extremely dry skin areas long lasting effects
- especially mild
- ideal for problem skin
- tested for many years
- sun-light-quanta activated

**Ingredients:** Water, soya oil\*, wool wax, borax, cetearyl alcohol, beeswax, sorbit, panthenol, perfume, dmdm hydantoin, lavender oil, tocopherol, linalool

\*from controlled organic farming

Produced in Austria

**Dosage form:** Cream

**Sales unit:** Jar

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/Base Effect:** Alkaline (pH value 7.5-8.5)

**Application:** Extremely dry skin

**Recommended use:** Gently massage on face and body 1-3x daily. Suitable for very dry skin, for day and night care Recommended for regular use Suitable for use on children



# Basoderm Eye Cream

THE optimal care for the delicate eye area with rebalancing and anti-aging-effects

## What is the Basoderm Eye Cream?

An alkaline skin care cream developed from holistic medical research for natural care and regeneration of the sensitive skin in the eye area

- made from high quality, natural raw materials and essential minerals
- charged with the power of the sun

## What effect does the Basoderm Eye Cream have?

- moisturizing
- intensively cleansing and soothing
- detoxifies and de-acidifies the skin
- builds up a micro-biological skin barrier
- supports tissue's own ability to regulate
- firms the skin
- improves the appearance of the skin
- regulates the skin's own ability to produce oil
- regenerates, revitalizes and prevents age related cell degeneration

## The Special Qualities of the Basoderm Eye Cream:

- alkaline
- high quality and natural ingredients
- high quality ethereal(essential) oils
- rich in vitamins
- suitable for all types of skin long lasting effect
- especially mild therefore also suitable for problem skin
- sun light quanta activated

**Application:** As intensive skin care (day and night) for the delicate eye area.

Recommended use : According to the type of skin apply a thinner or thicker layer and massage gently.

**Ingredients:** Water, jojoba oil, glycol stearate SE, soja oil, glyceryl stearate, bifida ferment lysate, shea butter, coconut oil, sodium bicarbonate, perfume, cow's milk protein, tocopherol, hydrolized ulva lactuca extract, propylene glycol, gardenia tahitensis (manoi), bladder wrack, dmdm hydantoin, barley adjunct, coenzym Q 10, lecithin, oil of rose petals, ascorbyl palmitate, glyceryl oleate, citric acid

Produced in Austria

**Dosage form:** Cream

**Sales unit:** Tube 15 ml

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/base-effect:** Alkaline (pH-Wert 7,5 8,5)

Recommended for regular use



# Base Hand Cream

THE ideal cream for soft and smooth hands.

## What is the Base Hand Cream?

An alkaline skin care cream developed from holistic medical research for natural, intensive care of hands.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Hand Cream have?

- moisturizing
- intensively cleansing and soothing
- detoxifies and de-acidifies the skin
- builds up a micro-biological skin barrier
- supports tissue's own ability to regulate
- firms the skin
- improves the appearance of the skin
- regulates the skin's own moisturising ability
- regenerates, revitalizes and prevents age related cell degeneration

## The Special Qualities of Base Hand Cream

- alkaline
- high quality natural ingredients
- high quality ethereal (essential) oils
- rich in vitamins
- suitable for all types of skin long lasting effect
- especially mild therefore also suitable for problem skin
- sun light quanta activated

**Ingredients:** Water, glycol stearate SE, wheat germ oil, almond oil, cetearyl alcohol, glycerine, olive oil, perfume, jojoba oil, propylene glycol, dehydroxanthan gum, witch hazel extract, marigold oil, panthenol, grape leaf extract, soya oil, sodium bicarbonate, dmdm hydantion, tocopherol, St. John's Wort oil, lecithin, ascorbyl palmitate, glyceryl oleate, glyceryl stearate, citric acid, carrot oil, CI 10800

Produced in Austria

**Dosage form:** Cream

**Sales unit:** Tube, 75 ml

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/base effect:** Alkaline (pH value 7.5-8.5)

**Application:** For the intensive care of the stressed skin of the hands

**Recommended use:** Apply sparingly after washing and rub in well (is quickly absorbed by the skin)

Recommended for regular use

Suitable for use on children



# Base Body Lotion

THE natural basic (alkaline) body care for every day use!

## What is the Base Body Lotion?

An alkaline body lotion developed from holistic medical research for natural care and regeneration of the skin.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the Base Body Lotion have?

- intensive nurturing
- detoxifies and de-acidifies the skin
- builds up a micro-biological skin barrier protects against external elements
- supports tissue's own ability to regulate
- firms the skin
- improves skin condition leaves skin supple and soft
- regulates the skin's own ability to produce oil
- regenerates, revitalizes and prevents age related cell degeneration
- long lasting effects

## The Special Qualities of the Base Body Lotion

- alkaline
- high quality natural ingredients
- high quality ethereal (essential) oils
- rich in vitamins
- suitable for all types of skin
- especially mild
- sun light quanta activated

**Ingredients:** Water, soya oil\*, jojoba oil\*, almond oil\*, glyceryl stearate SE, shea butter, sorbit, sodium bicarbonate, perfume, tocopherol, dmdm hydantoin, tree moss, oak moss

\*from controlled organic farming

Produced in Austria

**Dosage form:** Lotion

**Sales unit:** Blue glass plastic bottle, 200ml

**Minimum shelf life:** 30 months

Keep in a cool place

**Acid/base effect:** Alkaline (pH value 7.5-8.5)

**Application:** Daily body care, after showering or bathing, before and after sun bathing and tanning booths

**Recommended use:** Apply evenly on the skin, massage gently

Recommended for regular use

Suitable for use on children



# Base Shampoo / Shower Gel and Hand Wash Lotion

THE mild, intensive and nurturing hair and body cleansing lotion.

## What is a base hair and body cleansing product?

A wash lotion developed from holistic medical research which is suitable for deep whole-body cleansing, for hair care and for the regeneration of skin and hair.

- made from high quality, natural raw materials and essential minerals
- charged with the power of sun

## What effects does the base hair and body cleansing product have?

- intensive care and cleansing
- detoxifies and de-acidifies skin, hair and scalp
- re-mineralises the scalp
- activates the hair's metabolism
- builds up a micro-biological protective barrier
- anti-mycotic
- nourishes and strengthens the hair
- promotes hair growth
- regenerates, revitalizes skin and hair



## The special qualities of the base hair and body cleansing product

- alkaline
- high quality natural ingredients
- high quality ethereal (essential) oils
- rich in vitamins
- suitable for all types of skin and hair
- especially mild and non-irritating
- ideal for problem skin
- tested for many years
- sun light quanta activated
- long term effects

**Ingredients:** Water, borax, decyl glucoside, cocamidopropyl betaine, glycerine, xanthan gum, pantheon, allantoin, perfume, sea salt, limonene, linalool, olive oil, citrus oil, citral, peppermint oil, rosemary oil

**Application:** For mild, deep body cleansing and intensive care of both healthy and damaged hair

**Recommended use:** As often as needed as a shower gel and hand wash lotion. 1-3x weekly for hair care, daily if needed.

**Acid/base effect:** Alkaline

Recommended for regular use Suitable for use on children

**For hair care:** Loosens soiled and flaky superficial layers of the hair (phase 1), opens the layers, neutralises acids and toxins, clarifies the scalp (phase 2), supplies the scalp with valuable minerals and trace elements. Recommended for hair loss, dry hair, split ends, oily hair, dandruff, itchiness, fungus, psoriasis, neurodermatitis, excess sun, damage through permanent waves, colouring, bleaching or toning, regular use of hair gels, mousse, etc.

**Dosage form:** Gel

**Sales unit:** Blue plastic bottle, 200 ml

**Minimum shelf life:** 30 months

**Recommended use:** Wet hair, apply evenly and gently massage, leave in for several minutes, rinse

**For fungus:** Rinse hair with diluted MicroVita Plant Extract before shampooing.

Tip: use the hair conditioner from Dr. Ewald Töth after shampooing as phase 3

Produced in Austria



# Base Mineral Bath

THE effective mineral treatment through and for the skin.

## What is the Base Mineral Bath?

An alkaline bath developed from holistic medical research for de-acidification, purification and drainage through the skin.

- pure sea salt combined with select minerals
- charged with the power of sun

## What Effects does the Base Mineral Bath have?

- drainage effects
- stimulates circulation
- stimulates the skin's metabolism
- regulates the skin's own ability to produce oil
- moisturizing
- firming
- soothing
- strengthens the skin's own defences
- strengthens the skin's own ability to heal
- freshening
- regenerating
- rejuvenating
- removes sustaining environment from fungi, bacteria and viruses
- long lasting effects

## The Special Qualities of Base Mineral Bath

- pure, high quality sea salt
- naturally integrated trace elements
- tested for many years
- kind to the skin, suitable for sensitive skin
- soothing, even for open skin sores
- sun light quanta activated

**Ingredients:** Sea salt (unbleached, unrefined, from organic salt gardens), sodium bicarbonate, sodium carbonate (soda)

Produced in Austria

**Dosage form:** Granules

**Sales unit:** Jar, 700 g

**Minimum shelf life:** 30 months - Store dry

**Acid/base effect:** Alkaline

**Application:** Skin care, skin exfoliating, purification, detoxification, excess sweating, muscle cramps, muscle tension, cellulites, varicose veins, spider veins, skin impurities, itchiness, allergies, infectious skin diseases (measles, rubella), joint-, muscle- and soft part rheumatism, swollen joints, gout, heel spurs, back pain, menstrual cramps, haemorrhoids, fungus, asthma, bronchitis, chesty cough, flu, heart diseases, general regeneration.

**Recommended use:** For problems: 1x daily until noticeable improvement, as short term regime: 1x daily for 2-3 weeks, for regular detoxification and body care: 1-2x weekly:

Length: full bath: 30-120 minutes, sitting bath: 15-30 minutes, foot bath: 30-60 minutes, hand bath: 15-30 minutes

**Dosage:** Ca. 4 tablespoons for a full bath, ca. 1 tablespoon for a sitting bath, ca. 1 ½ teaspoons for a foot bath, ca. 1 teaspoon for a hand bath, ca 1 teaspoon per litre water for a salt wrap / salt shirt / salt socks / salt gloves When taking a full bath, rub the skin every 10 minutes with a towel or brush Recommended for regular use Suitable for use on children



# Light Quanta Aqua extra strong

A super energy generator for body, soul and spirit. With this unique remedy it is possible to provide all levels of the human organism with the complete healing light spectrum of the sun's rays.

## What effect do light quantas have?

a) On the physical level

- light energy which is the most important essence of life is being brought to the cells for their regeneration
- regulative processes are being activated
- a sound microvital milieu is being provided
- a very high antioxidant effect is being achieved
- organic and anorganic toxins are being detached (loosened) from the cell walls
- harmful bacteria, fungi and viruses as well as amalgam compounds are being encapsulated and thus rendered harmless and eliminated

b) On the mental/psychical level can be achieved

- harmony and feeling of security, emotional stability, and mental clarity

**Ingredients:** Water activated with sun light quanta, rock salt (sodium carbonate, potassium citrate important alkaline minerals for the nourishment of the cells)

**Application:** Prophylaxis and therapy in physical and psychical areas

**Internal use:** Put 5 to 10 ml in 1/4 to 1 l of good quality water (spring water, Osmose water, boiled water) and drink circadianly

## Light Quanta Aqua „Brightening and Harmony“

helps to see everything in life much more positively it becomes easier to find the right solutions. Harmony, deepness in feelings and balance can be achieved.

## Light Quanta Aqua “Stability and Security“

Instability, insecurity, anguish and the respective blockades can be dissolved and faith in one's own inner strength and power can be regained.

## Light Quanta Aqua “Identity“

helps to develop the own personality and thus to gain more self confidence and more self esteem. Strengthens the ability to say “NO” in order to stick to one's own opinions. Reinforces the activity of the immune system.

## Light Quanta Aqua “Integration“

provides the energy to react better in difficult life situations on all physical and psychical levels (i.g. helps to overcome emotional traumatias, etc.)

**Dosage form:** Liquid

**Sales unit:** Bottle, 30 ml (blue glass), or package with 10 bottles à 30 ml

**Minimum shelf life:** 30 months

Keep in a cool place

Suitable for regular use

**Children:** Decrease dosage by half

Produced in Austria





## Being consciously healthy Dr. Ewald Töth ®



**Dr. med. Ewald Töth®**  
Scientific Head of the Health Centre  
for Holistic Medicine in Baden

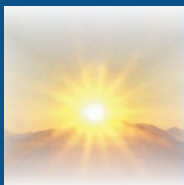
is not only a physician, but also a researcher and instructor, and is among Austria's pioneers in the area of holistic medicine.

His spectrum of education and trainings is not only concentrated on the scientific (orthodox) medicine but does as well comprise many complementary treatments (naturopathic methods, energetic medicine, bio cybernetic physical methods), including even mental healings.

He is also "visiting lecturer" of the Danube-University of Krems.

Based on the knowledge gained from his original profession flight and electrical engineering - Dr. Töth has developed during his 25 year's medical practice several own systems (technical instruments and methods) for diagnosis and therapy of holistic medical treatments.

Dr. Töth's philosophy is to focus on the human being (individual) as a whole and to respond to each person according to his/her physical, emotional and mental needs, allowing him thus to accompany everyone in all extensions on the best possible way towards health.



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